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Career Adaptability in a Shifting Labour Market

A World Cafe approach with 3 short conversations about your own situation: 1.what feels uncertain now; 2. what is changing around you; and 3.what would help you navigate your post-Phd career.

FRAMING

This is an opportunity to share you own experiences and look for common strategies for overcoming post-doctoral career uncertainty.

HOW EVERY ROUND WORKS

- 2 min** **Individual brainstorming** Write a few notes on **your own worksheet**.
- 4 min** **One point each, round the table.** Everybody shares one thing. No interruptions, no replies yet.
- 8 min** **Open conversation.** Build on each other, disagree, add examples. Use the World Cafe Canvas to record common ideas and themes.
- 1 min** **Carry one thing forward.** Agree the single point the host passes to the next group.

THE THREE ROUNDS

- 01** **My Research Career: Prospects, Uncertainty, and Challenges**
15 min
- 02** **What is changing around me?**
15 min · AI in my own field
- 03** **What would help me adapt?**
15 min
- 04** **Closing reflection: My Take Away**
5–10 min · on your own worksheet

Everything you write is anonymous.

Data will NOT be collected, retained or analyzed for research purposes.

The World Cafe design is intended as a developmental workshop to address career navigation for doctoral researchers, within an emerging European researcher career-development ecosystem

THREE GROUND RULES

Speak from your own experience.

There are no wrong answers.

Differences are as useful as agreement — write them down too.

01

My Research Career: Prospects, Uncertainty and Challenges

When you think about your career after the PhD, what currently feels most uncertain or challenging?

What skills or experiences during your PhD have helped you feel better prepared?

MY SITUATION

INDIVIDUAL BRAINSTORMING 2 min on your own worksheet, no talking → then everybody shares one point → then open conversation. This sheet is for the table.

WHAT FEELS UNCERTAIN OR CHALLENGING — AT OUR TABLE

WHAT HAS HELPED US FEEL BETTER PREPARED

ONE THING TO CARRY TO THE NEXT GROUP

02

What is changing around me?

Where do you see AI changing opportunities or expectations in your own field?

Does this create opportunities, concerns, or both for your career?

Do A.I. related changes act as a career barrier or accelator?

WHAT IS
CHANGING

INDIVIDUAL BRAINSTORMING 2 min on your own worksheet, no talking → then everybody shares one point → then open conversation. This sheet is for the table.

OPPORTUNITIES WE CAN SEE

CONCERNS WE HAVE

ONE THING TO CARRY TO THE NEXT GROUP

03

What would help me adapt?

WHAT
WOULD HELP

What would help you navigate the changes you have just described related to Post-doctoral career planning?

Which of these can you do yourself, and where do you need support from others?

Can you name a high priority action that would help most?

INDIVIDUAL BRAINSTORMING 2 min on your own worksheet, no talking → then everybody shares one point → then open conversation. This sheet is for the table.

SOMETHING I CAN DO MYSELF

SUPPORT I NEED — AND WHO WOULD PROVIDE IT

supervisor · doctoral school · university · employer · funder · policy

THE ONE CHANGE THAT WOULD MAKE THE BIGGEST DIFFERENCE